



C.P. 498, CH 1214 VERNIER SWITZERLAND
Tel.: +41 22 930 00 42
Or +33 805 360 860

info@botavie.com
www.botavie.com

Deflatil

Box containing 60 capsules

Box containing 90 capsules

Product consisting of a blend of plants with specific properties for problems related to the digestion process, gastro-esophageal reflux disease (GERD), intestinal bloating and flatulence problems, as well as intestinal inflammation and diverticulitis.

The digestion

After the chewing, another important step of the digestion takes place in the stomach where food is broken down. The intestine completes digestion before the unprocessed part of these foods is finally cleared by the large intestine. The liver, pancreas and intestine produce digestive juices which, via the action of enzymes, allow the chemical transformation of food. Poor digestion is manifested by common intestinal disorders: bloating, abdominal pain, heartburn, regurgitation, burping ...

Digestion is not always a long calm river....

Bloating and flatulence in brief:

Gas is the result of fermentation.

Intestinal bacteria "process" undigested food residues to transform them into different elements - some of which are very useful for our body. This transformation process, called fermentation, produces gases. So far, nothing abnormal, quite the contrary. You could even say it is a sign of good health. There is a problem when these evacuation episodes become too numerous, and are accompanied by significant or even painful bloating.

The volume of intestinal gas varies greatly from person to person. An adult produces on average less than 10 evacuation episodes per day, but some individuals can produce more than 100.

Most of the time, the gases are odourless. Odorous gases (less than 1% of the gases eliminated) come from bacteria located in the large intestine which produce gas containing sulphur.

The abundant production of gas is often caused by poor absorption of carbohydrates (lactose from milk, fructose from certain fruits), complex sugars (raffinose from cabbage, asparagus and other vegetables), starches (potatoes, corn, wheat and cereals) and fibers (beans, peas, cereal bran).

In addition, some foods produce gas in some people and not in others, this depends on the presence in the colon of bacteria which assimilate the hydrogen produced by other bacteria. The balance between these two varieties of

bacteria determines the amount of gas produced.

In addition to a large amount of gas in the intestines, the feeling of bloating accompanied by pain may be the result of an irritable colon or more serious intestinal problems, in these cases it is advisable to seek advice from your doctor. " competent medical staff. The same goes for cases of aerophagia.

Heartburn, acid regurgitation, burping ...

Five million French people suffer from it on a daily basis.

Some causes are medicinal:

- Anti-inflammatory drugs: Some of these can cause the production of prostaglandins, which protect the stomach from the effects of acidity, to collapse.
- PPIs - Proton Pump Inhibitors: 60 million boxes are sold each year! These drugs drastically reduce the acidity of the stomach, interfering with the protein responsible for the acidity (the "proton pump") and in this sense provide good relief to those who take them, but heartburn is almost never caused. by an excess of acidity in the stomach. Because the stomach, in order to digest food properly, is naturally very acidic and the walls of the stomach are protected from this acidity by the gastric mucus.

So the problem arises more when the protective lining of the stomach is damaged (gastritis, ulcers). What burns is acid on contact with irritated mucous membranes.

When acidic liquid from the stomach rises and burns unprotected esophageal tissue, it is gastro-esophageal reflux disease (GERD). Decreasing the acidity of the stomach is also dangerous because this acidity is our main defence against bad bacteria that can spread in the oesophagus and the intestine and create an imbalance of the intestinal flora (intestinal inflammation).

Finally, when used for the long term, the list of side effects is so large that health authorities have started to limit their use. These drugs should never be used for months or even less for years ...

Some causes are mechanical:

- In case of HIATAL HERNIA: These are mainly the result of repeated mini reflux for many years, at night, when one lies down. The acidified contents of the stomach go up to the bottom of the oesophagus, and little by little, via nervous contractions, will pull the stomach above the diaphragm which then can no longer maintain sufficient pressure to prevent the gastric contents to go back up.
- In case of OBESITY: a lot of pressure is then exerted on the stomach and digestive organs.

Some causes are psychic:

- In case of STRESS, DEPRESSION: There are more than one hundred million neurons in the digestive tract (enteric nervous system). Associated

with the mental exhaustion they induce, stress and depression through the play of complex neurological interactions can block the production of prostaglandins (which protect the stomach lining from acidity).

Some causes are related to age:

- With age, the tone and outline of the oesophagus, stomach and lower esophageal sphincter weaken. In addition, there are neural problems, also common beyond this age, which affect the innervation of the stomach.

Some causes are linked to food hygiene habits:

- In order not to tire the stomach, it is best to avoid meals that are too large, too fast, too sweet, too fatty, or snacking. To aid digestion, stop eating at least 3 hours before bedtime.

The Unani Tradition believes that eliminating symptoms is never the solution and that good digestion is first and foremost about good eating habits.

Digestive symptoms appear mainly when the energy of the stomach and spleen is defective; Conversely, when the stomach is functioning well, it produces energy and allows the spleen to fully play its role and to produce blood in quantity and quality.

The organs involved in digestion are then well nourished and can work in good conditions.

The action of Deflatil:

Deflatil is made up of specific plants and natural substances that ensure better functioning of the organs involved in digestion:

- by flushing out the "humours" of the stomach
- by cleaning up the liver and spleen
- by stimulating digestive enzymes
- by limiting fermentation and the presence of molds in the intestines

Deflatil does not contain any type of anti-acid products. Therefore, it does not modify the acidity of the stomach and the digestive system.

Instructions:

Take one to two capsules after each meal.

Composition:

Apium graveolens, Urtica dioica, Alpinia officinarum, Rheum officinal, Glycyrrhiza glabra, Cupressus sempervirens, Acacia xanthophloe - Plant origin capsules.

Complementary treatment:

A depurative cure will always constitute an excellent basis to ensure the efficiency of almost any other targeted treatment. DynOrgan is a depurative that cleans vital organs and ensures the proper functioning and the stimulation of those organs (namely: the liver, spleen, pancreas, kidneys and gall-bladder) with the following objectives:

- Ensure efficient elimination of toxins
- Dissolve and eliminate gallstones and kidney stones
- Improve the overall metabolism and general condition of vital organs

Moreover, for people undertaking a diet to lose weight, DynOrgan will help and support the whole process of losing weight by stimulating the organs implied in the elimination.

In the precise case of bloating and flatulence problems, DynOrgan contributes to a better functioning of the digestive system as a whole it thus facilitates the absorption of food and the intestinal transit. DynOrgan can be taken as a continuous treatment at a rate of one to two capsules per day after the meals. This treatment can somewhat stimulate the hepatic and digestive functions that might be a little «lazy».